

Tips for Reading and Talking Together

This story has been created to help families formed through donor conception to introduce the concept to their young children.

Before you read the story:

- Talk about the title on the cover. Ask your child what they think the story might be about.
- Talk about what a gift is. What is your child's experience of giving or receiving gifts?

Read the story with your child.

After you have read the story:

- Discuss the 'Talk About' ideas at the back of this book.
- Can you spot Little Otter's baby photos?
 Do you have any similar photos you can look at together?











But my Mammy and Daddy are very smart, and they never gave up. They decided to go to the doctor to ask for help.



The doctor knew a lot about how families are made.

She told them all about a kind person called a donor.

"Donors love to help people make families," she explained.

"Don't worry," she said. "I can show you how to find a donor. We will all work together to help you make a special family of your own."













Talk About

- · What story did Little Otter tell us?
- · What was missing from Mammy and Daddy's list?
- Who gave Mammy and Daddy the thing they needed to make their list complete?
- Why is Little Otter glad that there is a donor in his family story?



About NISIG

The National Infertility Support and Information Group – is a charity-registered support group established in Cork in 1996 by a group of dedicated people who needed and wanted to be in contact with others who understood their fertility journey.

How does NISIG support donor families?

NISIG supports people nationwide through their fertility journey, offering a confidential listening ear and emotional support to couples and individuals.

Support meetings & Family events

Donor Conception meetings are held regularly for all those considering donor conception, on the journey or that already have children using donor conception.

NISIG holds family events for donor families to enable children to socialise together and the parents to meet and share their experience. We also keep members informed of externally organised events, such as family get-togethers and training courses.

Family Conversations: Donor Talks

NISIG runs periodic events for parents (and parents to be) of donor conceived children, whereby they have an opportunity to meet with parents, grandparents, and adult children born from donor conception, to discuss how to initiate the conversation around their child's origins with them.

For more information please contact us at:

National Infertility Support and Information Group

24 Hour Helpline Email: nisigireland@gmail.com

Website: www.nisig.com
Facebook: /NISIGireland
Twitter: @NISIG1

Instagram: @nisig_ireland



NISIG is a Registered Charity No. 20035433

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